

10 Things You Can Do to Help Restore Our Earth

Switch up your routine and celebrate Earth Day with one or more of these activities.



THROW & GROW

Make **seed balls** for bee-friendly gardens.



UPCYCLE YOUR WARDROBE

Recycle, repurpose and redesign old clothing into **something new**. Challenge friends or family and hold a virtual fashion show to showcase your one-of-a-kind creations.



Join a **cleanup** in your community, or **clean up** on your own.



PLANT A TREE

Trees filter the air and help curb climate change.





THINK LOCAL

Shop the farmers market or sign up for a CSA. Eat fresh food, support local businesses and save CO₂ emissions.

BIKE MORE & DRIVE LESS



CALCULATE YOUR CARBON FOOTPRINT

Then cut back by making small changes.



CLEAN GREENER

Use reusable cloths. Look for the **Safer Choice label** on cleaning products.





SAVE ENERGY

Use timers on lights. **Switch bulbs** to energy-saving LEDs. Wash clothes at cold temperatures.



REUSE & RECYCLE

Make a bird feeder or herb planter out of a plastic soda bottle.