



Relax and recharge

Natural products and services discounts

Give your health a natural boost

Enjoy discounts on massage therapy, acupuncture ... even chiropractic visits.* It's a nice perk that's included with your Aetna® benefits and insurance plan. And the discounts are instant, so you save on the spot.

Healthy without the hassle

And getting your discounts is easy with no referrals or claims forms. Your covered family members can take advantage of these discounts, too.

Save on natural therapy services

Ready to relax? Take advantage of these services** at a discount off the normal fee. You can ease your stress with massage therapy and heal pain with acupuncture. Also get advice from registered dietitians with nutrition services.

Stock up on natural products

You can also order healthy items like over-the-counter vitamins and herbal and nutritional supplements. To browse available options, log in to your member website.

*Discounts do not apply to visits/claims submitted to your health insurance plan.

**Through the ChooseHealthy® program, which is made available through American Specialty Health Administrators, Inc., a subsidiary of American Specialty Health Incorporated (ASH). ChooseHealthy is a federally registered trademark of ASH and used with permission herein.

THIS IS NOT INSURANCE. THIS IS A DISCOUNT PROGRAM ONLY.

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aetna®

[aetna.com](https://www.aetna.com)

It's easy to get started



To find participating professionals, order products and more, just log in to your member website at **aetna.com**.

Save on mindfulness and meditation programs

Save 25 percent on Pranamaya® yoga and meditation programs that can benefit your health and well-being. We even have beginner programs.

Ease pain and stress — right from home

Choose from our best-selling programs for help with pain, flexibility, stress and more.

Discounts are available by phone or online

When you're ready to check out, create a member account. You'll then get your member discount on all future orders. Or call **415-706-3100** to order by phone. You can speak to a customer service representative from 8 a.m. to 5 p.m. PT, Monday through Friday. Mention promo code "Aetna Health" for your 25 percent discount.

Satisfaction guarantee

You will receive a full refund (excluding shipping) if you return products within 30 days of purchase. After 30 days, you'll get a refund only on unopened, undamaged items, minus a 15 percent restocking fee.

This material is for information only and is not an offer or invitation to contract. An application must be completed to obtain benefits. Discount offers provide access to discounted services and are not part of an insured plan or policy. Discount offers are rate-access offers and may be in addition to any plan benefits. Check any insurance benefits you have before using these discount offers, as those benefits may result in lower costs to you than using these discounts. Discount offers are not guaranteed and may be discontinued at any time. Aetna makes no payment to the discount vendor. You are responsible for the full cost of the discounted services. Aetna does not endorse any vendor, product or service associated with these discount offers. Vendors are independent of Aetna, not agents or employees. Programs, products and services may not be available at all times. Certain offers may not be available in some states. Products may be subject to a warranty from the manufacturer. Aetna makes no representations or warranties, and disclaims all product warranties. Aetna has no liability for providing or guaranteeing service and assumes no liability for the quality of service rendered. Aetna may receive a percentage of the fee paid to a discount vendor. Information is believed to be accurate as of the production date; however, it is subject to change. Natural health care services providers are credentialed using ASH Networks' credentialing policies and procedures, which are consistent with URAC accreditation and NCQA certification requirements.

